



Statistics Report 19088, Ice creams, vanilla, light

Report Date: June 26, 2017 17:12 EDT

Nutrient values and weights are for edible portion

Nutrient	Unit	Value Per 100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
<strong>Proximates</strong>													
Water	g	59.85	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2009
Energy	kcal	180	--	--	--	--	--	--	--	--	Calculated or imputed	--	05/2009
Energy	kJ	755	--	--	--	--	--	--	--	--	Calculated or imputed	--	05/2009
Protein	g	4.78	--	0.047	4.69	4.84	2.0	4.581	4.986	1	not adjusted or rounded for NLEA	--	05/2004
Total lipid (fat)	g	4.83	--	0.370	4.35	5.56	2.0	3.242	6.425	1	Calculated by manufacturer, not adjusted or rounded for NLEA	--	05/2004
Ash	g	1.07	--	--	--	--	--	--	--	--	Calculated or imputed	--	05/2004
Carbohydrate, by difference	g	29.46	--	--	--	--	--	--	--	--	Calculated or imputed	--	05/2009
Fiber, total dietary	g	0.3	--	0.092	0.2	0.4	2.0	-0.139	0.653	1	Calculated by manufacturer, not adjusted or rounded for NLEA	--	05/2004
Sugars, total	g	22.12	--	0.513	21.11	22.78	2.0	19.913	24.327	1	Calculated by manufacturer, not adjusted or rounded for NLEA	--	06/2005

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Calcium, Ca	mg	161	--	4.057	155	169	2.0	143.413	178.327	1	Calculated by manufacturer, not adjusted or rounded for NLEA	--	05/2004
Iron, Fe	mg	0.19	--	0.073	0.06	0.31	2.0	-0.119	0.506	1	Calculated by manufacturer, not adjusted or rounded for NLEA	--	05/2004
Magnesium, Mg <a href="#">1</a> <a href="#">2</a> <a href="#">3</a> <a href="#">4</a> <a href="#">5</a> <a href="#">6</a> <a href="#">7</a>	mg	14	--	0.419	13	16	6.0	13.254	15.305	7	Analytical or derived from analytical	--	03/2003
Phosphorus, P <a href="#">1</a> <a href="#">2</a> <a href="#">3</a> <a href="#">4</a> <a href="#">5</a> <a href="#">6</a> <a href="#">7</a>	mg	103	--	3.694	91	118	6.0	94.182	112.259	7	Analytical or derived from analytical	--	03/2003
Potassium, K <a href="#">1</a> <a href="#">2</a> <a href="#">3</a> <a href="#">4</a> <a href="#">5</a> <a href="#">6</a> <a href="#">7</a>	mg	208	--	6.828	186	240	6.0	191.781	225.196	7	Analytical or derived from analytical	--	03/2003
Sodium, Na <a href="#">1</a> <a href="#">2</a> <a href="#">3</a> <a href="#">4</a> <a href="#">5</a> <a href="#">6</a> <a href="#">7</a>	mg	74	--	2.417	64	84	6.0	68.241	80.071	7	Analytical or derived from analytical	--	03/2003
Zinc, Zn <a href="#">1</a> <a href="#">2</a> <a href="#">3</a> <a href="#">4</a> <a href="#">5</a> <a href="#">6</a> <a href="#">7</a>	mg	0.73	--	0.353	0.32	2.85	6.0	-0.13	1.596	7	Analytical or derived from analytical	--	03/2003
Copper, Cu	mg	0.017	--	--	--	--	--	--	--	--	Calculated or imputed	--	05/2004
Manganese, Mn	mg	0.005	--	--	--	--	--	--	--	--	Calculated or imputed	--	05/2004
Selenium, Se <a href="#">1</a> <a href="#">2</a> <a href="#">3</a> <a href="#">4</a> <a href="#">5</a> <a href="#">6</a> <a href="#">7</a>	μg	2.0	--	0.714	0	3.8	6.0	0.265	3.757	7	Analytical or derived from analytical	--	03/2003
Fluoride, F	μg	5.3	--	--	--	--	--	--	--	--	Calculated or imputed	--	05/2004
<b>Vitamins</b>													
Vitamin C, total ascorbic acid	mg	1.2	--	0.237	0.9	1.7	2.0	0.198	2.236	1	Calculated by manufacturer, not adjusted or rounded for NLEA	--	05/2004

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Thiamin	mg	0.053	--	--	--	--	--	--	--	--	Calculated or imputed	--	05/2004
Riboflavin	mg	0.255	--	--	--	--	--	--	--	--	Calculated or imputed	--	05/2004
Niacin	mg	0.136	--	--	--	--	--	--	--	--	Calculated or imputed	--	05/2004
Pantothenic acid	mg	0.481	--	--	--	--	--	--	--	--	Calculated or imputed	--	05/2004
Vitamin B-6	mg	0.045	--	--	--	--	--	--	--	--	Calculated or imputed	--	05/2004
Folate, total	µg	6	--	--	--	--	--	--	--	--	Calculated or imputed	--	05/2004
Folic acid	µg	0	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2003
Folate, food	µg	6	--	--	--	--	--	--	--	--	Calculated or imputed	--	05/2004
Folate, DFE	µg	6	--	--	--	--	--	--	--	--	Calculated or imputed	--	05/2009
Choline, total	mg	26.0	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2009
Vitamin B-12	µg	0.47	--	--	--	--	--	--	--	--	Calculated or imputed	--	05/2004
Vitamin B-12, added	µg	0.00	--	--	--	--	--	--	--	--	Assumed zero	--	09/2004
Vitamin A, RAE	µg	128	--	--	--	--	--	--	--	--	Calculated or imputed	--	06/2005
Retinol	µg	127	--	--	--	--	--	--	--	--	Calculated or imputed	--	06/2005
Carotene, beta	µg	14	--	--	--	--	--	--	--	--	Calculated or imputed	--	06/2005
Carotene, alpha	µg	0	--	--	--	--	--	--	--	--	Calculated or imputed	--	06/2005
Cryptoxanthin, beta	µg	0	--	--	--	--	--	--	--	--	Calculated or imputed	--	06/2005
Vitamin A, IU	IU	448	--	21.349	417	489	2.0	355.948	539.665	1	Calculated by manufacturer, not adjusted or rounded for NLEA	--	05/2004

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Lycopene	µg	0	--	--	--	--	--	--	--	--	Calculated or imputed	--	06/2005
Lutein + zeaxanthin	µg	0	--	--	--	--	--	--	--	--	Calculated or imputed	--	06/2005
Vitamin E (alpha-tocopherol)	mg	0.12	--	--	--	--	--	--	--	--	Calculated or imputed	--	05/2004
Vitamin E, added	mg	0.00	--	--	--	--	--	--	--	--	Assumed zero	--	09/2004
Vitamin D (D2 + D3)	µg	0.1	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2009
Vitamin D3 (cholecalciferol)	µg	0.1	--	--	--	--	--	--	--	--	Calculated or imputed	01211	03/2009
Vitamin D	IU	4	--	--	--	--	--	--	--	--	Calculated or imputed	01211	03/2009
Vitamin K (phylloquinone)	µg	0.4	--	--	--	--	--	--	--	--	Calculated or imputed	--	05/2004
<b>Lipids</b>													
Fatty acids, total saturated	g	2.927	--	0.154	2.7	3.22	2.0	2.265	3.588	1	Calculated by manufacturer, not adjusted or rounded for NLEA	--	05/2004
4:0	g	0.141	--	--	--	--	--	--	--	--	Calculated or imputed	--	05/2004
6:0	g	0.099	--	--	--	--	--	--	--	--	Calculated or imputed	--	05/2004
8:0	g	0.074	--	--	--	--	--	--	--	--	Calculated or imputed	--	05/2004
10:0	g	0.117	--	--	--	--	--	--	--	--	Calculated or imputed	--	05/2004
12:0	g	0.127	--	--	--	--	--	--	--	--	Calculated or imputed	--	05/2004
13:0	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2003
14:0	g	0.471	--	--	--	--	--	--	--	--	Calculated or imputed	--	05/2004
15:0	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2003

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
16:0	g	1.260	--	--	--	--	--	--	--	--	Calculated or imputed	--	05/2004
17:0	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2003
18:0	g	0.570	--	--	--	--	--	--	--	--	Calculated or imputed	--	05/2004
20:0	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2003
22:0	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2003
24:0	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2003
Fatty acids, total monounsaturated	g	1.281	--	--	--	--	--	--	--	--	Calculated or imputed	--	05/2004
14:1	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2003
16:1 undifferentiated	g	0.070	--	--	--	--	--	--	--	--	Calculated or imputed	--	05/2004
18:1 undifferentiated	g	1.211	--	--	--	--	--	--	--	--	Calculated or imputed	--	05/2004
20:1	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2003
22:1 undifferentiated	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2003
Fatty acids, total polyunsaturated	g	0.219	--	--	--	--	--	--	--	--	Calculated or imputed	--	05/2004
18:2 undifferentiated	g	0.134	--	--	--	--	--	--	--	--	Calculated or imputed	--	05/2004
18:3 undifferentiated	g	0.085	--	--	--	--	--	--	--	--	Calculated or imputed	--	05/2004
18:4	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2003
20:4 undifferentiated	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2003
20:5 n-3 (EPA)	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2003
22:5 n-3 (DPA)	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2003

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
22:6 n-3 (DHA)	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2003
Cholesterol	mg	27	--	12.719	14	53	2.0	-27.46	81.993	1	Calculated by manufacturer, not adjusted or rounded for NLEA	--	05/2004
<b>Amino Acids</b>													
<b>Other</b>													
Alcohol, ethyl	g	0.0	--	--	--	--	--	--	--	--	Assumed zero	--	06/2005
Caffeine	mg	0	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2003
Theobromine	mg	0	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2003

**Sources of Data**

<sup>1</sup>Food and Drug Administration (FDA), DHHS FDA Total Diet Study, 1995

<sup>2</sup>Food and Drug Administration (FDA), DHHS FDA Total Diet Study, 1996

<sup>3</sup>Food and Drug Administration (FDA), DHHS FDA Total Diet Study, 1997

<sup>4</sup>Food and Drug Administration (FDA), DHHS FDA Total Diet Study, 1991

<sup>5</sup>Food and Drug Administration (FDA), DHHS FDA Total Diet Study, 1992

<sup>6</sup>Food and Drug Administration (FDA), DHHS FDA Total Diet Study, 1993

<sup>7</sup>Food and Drug Administration (FDA), DHHS FDA Total Diet Study, 1994